



*Your Road to Health is Just a Bliss Away*

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## Energy Healing [1]

Good health stems from a free flow of life energy. It is in the area of the blockage where, over time, illnesses occur. The purpose of the energy healer is to clear and balance the energy field to enhance body's natural healing process.

We are made up of a multi-body system, not just the physical body. We have an Emotional Body, Mental Body and Spiritual Body. Things don't just affect us physically; we are affected on all levels. For example: our thoughts, emotions are affecting our physical body.

We all have storage centers in our bodies that store Energy and Energy patterns. They are called Chakras. We can have Energy Patterns stored from events that happened yesterday as well as from many years ago. Some of these patterns will be happy memories and some of them will be unpleasant and painful memories of something that happened to us. Sometimes we stash them away deep into some recess in our Chakras and in our Auras (the Energy field around us), and try to forget about them, but they don't really go away. Dis-ease is a manifestation of unbalanced Energy. Healing, then is a way of balancing Energy.

### Our Work

Our work is inspired by the gentle and powerful healer and mystic Stylianos Atteshlis (1912-1995) who healed countless people of physical, emotional and mental ailments. We have been trained in the Theosis Spiritual Healing Techniques which work with the:

- wisdom and workings of the body (reassuring the nervous system, while vitalizing and cleaning the blood and organs).
- subtle bodies to free the energy centers (charkas) from heavy karmic patterns.
- Mercy and Love of the Universal Energy (also called Vital Energy, Life Force, Transcendental Force), to go deeply in resolving the causes of discomfort and confusion.

### Our Services

- **Healing through Presence and Passivity** - Healing through Presence and Passivity includes several treatments, selected based on the nature of client issues and goals.
- **Healing the four elements** - fire, water, air and earth within us to bring equilibrium between them and to unite them.

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- **Main Currents Treatment** - There are two main currents of Life Energy in our bodies. They meet at the Root Chakra. Negative elementals prevent the two currents from fully uniting, as a result of aggressor-victim patterns in our life. They fill the Root Chakra with fear, shame and guilt. The treatment of the two currents helps free the Root Chakra of fear, so that the two currents can flow freely through our body.
- **Treatment to Open the Heart** - Between the Solar Plexus and the Heart centre, where the diaphragm is, over the course of incarnations, an energy partition develops, and the Heart becomes closed. This dividing wall protects the heart from the aggressor-victim energy patterns. The aim of the treatment is the opening of the heart.
- Cost: \$80 for 45 minute session
- **Transforming Karmic Patterns** - The seven treatments offer deep and permanent freedom from destructive patterns associated with family, personal and collective karmas. When we provide the Universal Energy enough time - seven treatments in 3-5 weeks separations - she can go deeply into seven chakras to free us of negative patterns in our life and suffering.
- Cost: \$490 for a series of 7 sessions (\$70 per 45 minute session)

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